

36th Annual ~ STRATHAM FAIR ROAD RACE

5.7 Mile Road Race & Two Person Relay Race

Saturday, July 25th, 2009 ~ 8:30am START

Named "Best Small Road Race in New Hampshire" ~ Fourth Oldest Road Race in New Hampshire

COURSE: Loop course on gently rolling country roads.
Start and Finish at the Stratham Hill Park entrance Route 33.

LOOP: Stratham Hill Park entrance on Route 33, Lovell Rd., Willowbrook Ave., High St., Winnicut Rd., Park entrance on Rout 33.
Runners Stay on Right-Hand Side of Road.

REGISTRATION & NUMBER PICKUP: Stratham Hill Park Pavilion
Route 33, Stratham, NH **from 7:00am to 8:00am**

TWO PERSON RELAY TEAMS:
Leg #1 = 2.9 Miles / Leg #2 = 2.8 Miles

Relay Runner Exchange Zone on High Street @ Scamman Lane
NO Parking on High Street ~ Parking on Scamman Lane Only.

FREQUENT COURSE WATER STOPS: 4-5 Water Stops & occasional neighborhood sprinkler/spray hose to cool you down!

FACILITES: Restrooms located in the pavilion & inside the fairgrounds.
No Changing Facilities. Come prepared to run.

TECH SHIRTS: First 125 Registered Runners ~ Includes Relay Teams.

PRIZES: Merchandise Prizes
First Three Male & Female Overall
Age Group Divisions 20-29 / 30-39
40-49 / 50-59 / 60-69 / 70+
First Male & Female Under 20
First Male & Female Stratham Resident

RELAY TEAM MEDAL FOR FIRST:
Adult Teams 20+ Male, Female or Mixed
Teen Teams 16-19 Male, Female or Mixed
Youth Teams <15 Male, Female or Mixed
Adult & Youth/Teen Teams (All Mixes)

FREE RAFFLE: For ALL Race Entrants.
Must Have Race Number & Be Present to Win.

ENTRY FEE:
\$12.00 Pre-Entry Individual Runner
\$17.00 Race Day Entry Individual Runner
\$24.00 Pre-Entry Relay Teams
\$34.00 Race Day Entry Relay Teams

~ **FREE Admission to the Stratham Fair for All Race Entrants (with race number) Day of Race Only ~**

CHECKS PAYABLE & MAIL TO: Stratham Fair Road Race, c/o Gary Rohr, 97 Willowbrook Ave., Stratham, NH 03885
Gary Rohr, Race Director / Email: gary.rohr@foyinsurance.com / Phone 603-775-7202 / Stratham Fair: www.strathamfair.com
Register Online: <http://www.RunReg.com/events/register.asp?EventID=2086>

Sponsored by: The Stratham Fair Committee / Foy Insurance Group / McCaffrey Professional Association

In consideration of this entry accepted, I hereby for myself, my heirs, executors, administrators, waive and release any and all rights and claims for damages that I may have against the organization holding this race and the Town of Stratham for any and all injuries suffered by me in this race. I attest and certify that I am physically fit and have trained sufficiently for competition in long distance road races.

EMAIL: _____

Individual Runner:

NAME: _____ Male / Female (circle one) AGE: _____

ADDRESS: _____ Shirt Size ~ SM MED LG XLG (circle one)

Signature x _____ (Parent's Signature if Under 18)

Relay Teams:

TEAM NAME: _____ (Relay Team Name Required to Register)

Runner #1: _____ (Parent's Signature if Under 18)
Print Name, Age, Male/Female & Sign

Runner #2: _____ (Parent's Signature if Under 18)
Print Name, Age, Male/Female & Sign

TEAM CATEGORY: Adult Teams 20+ Male ~ Female ~ Mixed (circle one)
Youth Teams <15 Male ~ Female ~ Mixed (circle one)
Teen Teams 16-19 Male ~ Female ~ Mixed (circle one)
Adult & Youth/Teen Team ~ All Mixes (circle one)

Shirt Sizes ~ Runner #1: SM MED LG XLG (circle one) Runner #2: SM MED LG XLG (circle one)

Annual Team Challenge: Coastal Athletic Assoc. vs. Winners Circle Running Club ~ Cash Prize Winning Clubs
(circle one to enter as part of the CAA vs. WCRC Team Challenge)