
MAINEiacs Charities Half Marathon and 5K Race

**Starting Location Holiday Inn (Gold's Gym)
Odlin Road Bangor, Maine**

Sunday, September 29 at 8:00 AM

The Maineiacs Charities Half Marathon is a 13.1 mile out and back course. The 5K is a 3.1 mile out and back course. Registration opens on Thursday, March 22.

Register at <https://www.runreg.com/Net/3520>

Shirts will be given to all participants who register on line by 30 Aug 2013.

Early registration is a COST SAVER. Registering NLT 30 Aug the Half Marathon fee is set at \$30, and the 5K is \$20. Starting on the 1 Sep the Half Marathon will increase to \$35, and the 5K will increase to \$25. Race day registration increases to \$40 and \$30 respectively. Same day registration will be available from 0600-0730 at the Holiday Inn starting point.

Overall Awards will be presented to the top three male and female finishers. Age Group Awards will be presented to the top three male and female finishers in 10 year groups starting with U19 and going through 70+



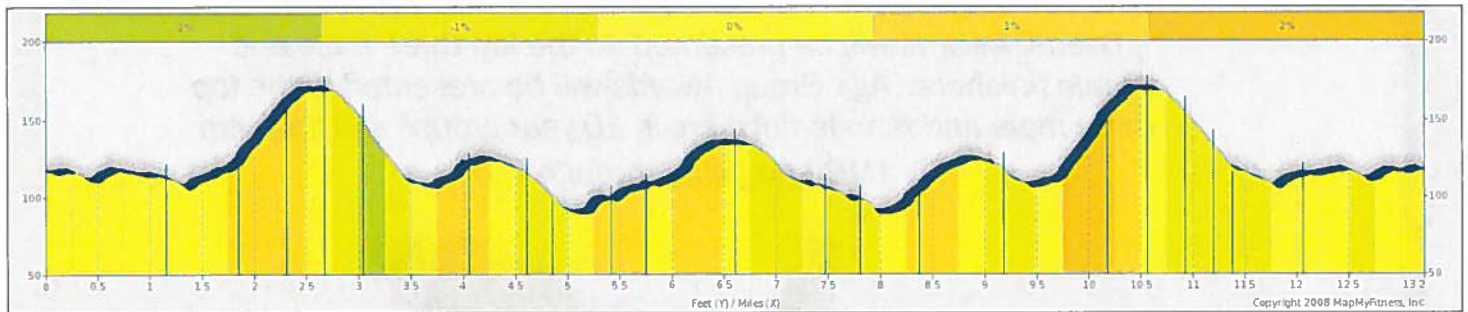
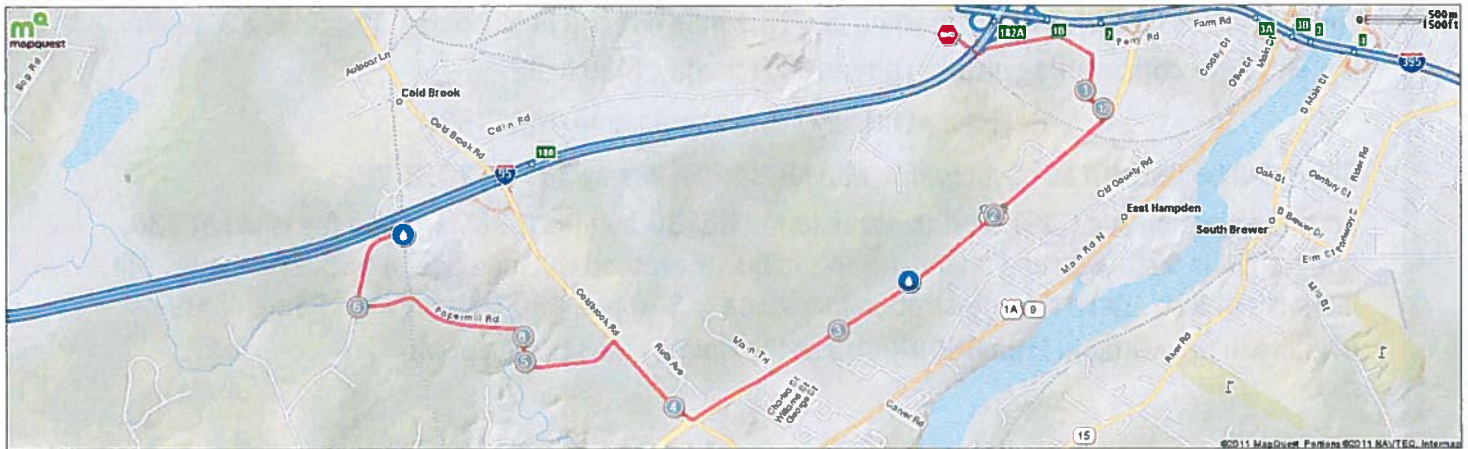
MAINEiacs Charities is the charitable arm of the Maine Air National Guard. Providing for those in need throughout our community.



A run mapped on 08/30/2011

Starts in Hampden, Maine

13.11 miles



Description
Maineacs Charities Half Marathon 9 Oct 1

A run mapped on 08/30/2011

Starts in Hampden, Maine

Notes		
AT	FOR	NOTES
START	4230ft	Head southeast on Perry Rd toward Mecaw Rd
0.8 mi.	1867ft	Turn right onto Mecaw Rd
1.15 mi.	210ft	Head southeast on Mecaw Rd toward U.S. 202 E
1.19 mi.	3381ft	Turn right onto U.S. 202 W
1.83 mi.	2420ft	Head southwest on U.S. 202 W toward Main Trail
2.29 mi.	1905ft	Head southwest on U.S. 202 W toward Main Trail
2.65 mi.	1987ft	Head southwest on U.S. 202 W toward Main Trail
		Water
3.03 mi.	2641ft	Head southwest on U.S. 202 W toward Main Trail
3.53 mi.	2007ft	Slight right to stay on U.S. 202 W
3.91 mi.	628ft	Turn right onto Coldbrook Rd
4.03 mi.	2502ft	Head northwest on Coldbrook Rd toward Emerson Dr
4.5 mi.	406ft	Turn left onto Papermill Rd
4.58 mi.	1306ft	Head southwest on Papermill Rd

Notes		
AT	FOR	NOTES
4.83 mi.	1460ft	Head west on Papermill Rd
5.1 mi.	1517ft	Head north on Papermill Rd
5.39 mi.	1772ft	Head west on Papermill Rd
5.73 mi.	1801ft	Head northwest on Papermill Rd toward Emerson Mill Rd
6.07 mi.	1585ft	Turn right onto Emerson Mill Rd
6.37 mi.		Continue onto Old Emerson Mill Rd N
6.58 mi.	1112ft	Head southwest on Old Emerson Mill Rd N toward Emerson Mill Rd
		Water
6.79 mi.	1585ft	Continue onto Emerson Mill Rd
7.09 mi.	1801ft	Turn left onto Papermill Rd
7.43 mi.	1772ft	Head southeast on Papermill Rd
7.77 mi.	1517ft	Head east on Papermill Rd toward Coldbrook Rd
8.05 mi.	1460ft	Head south on Papermill Rd toward Coldbrook Rd
		Water

Notes		
AT	FOR	NOTES
		Water
8.33 mi.	1306ft	Head east on Papermill Rd toward Coldbrook Rd
8.58 mi.	406ft	Head northeast on Papermill Rd toward Coldbrook Rd
8.65 mi.	2502ft	Turn right onto Coldbrook Rd
9.13 mi.	628ft	Head southeast on Coldbrook Rd toward U.S. 202 W
9.25 mi.	4647ft	Turn left onto U.S. 202 W
10.13 mi.	1987ft	Head northeast on U.S. 202 E
10.5 mi.	1905ft	Head northeast on U.S. 202 E
		Water
10.86 mi.	2420ft	Head northeast on U.S. 202 E
11.32 mi.	3381ft	Head northeast on U.S. 202 E toward Mecaw Rd
11.96 mi.	210ft	Turn left onto Mecaw Rd
12 mi.	1867ft	Head northwest on Mecaw Rd toward Nadine's Way
12.36 mi.		Turn left onto Perry Rd

A run mapped on 08/30/2011 DISTANCE: 13.11 mi



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Distance values on this map may differ slightly from values reported on the route engine

Notes		
AT	FOR	NOTES
START	4230ft	Head southeast on Perry Rd toward Mecaw Rd
0.8 mi.	1867ft	Turn right onto Mecaw Rd
1.15 mi.	210ft	Head southeast on Mecaw Rd toward U.S. 202 E
1.19 mi.	3381ft	Turn right onto U.S. 202 W
1.83 mi.	2420ft	Head southwest on U.S. 202 W toward Main Trail
2.29 mi.	1905ft	Head southwest on U.S. 202 W toward Main Trail
2.65 mi.	1987ft	Head southwest on U.S. 202 W toward Main Trail
		Water
3.03 mi.	2641ft	Head southwest on U.S. 202 W toward Main Trail
3.53 mi.	2007ft	Slight right to stay on U.S. 202 W
3.91 mi.	628ft	Turn right onto Coldbrook Rd
4.03 mi.	2502ft	Head northwest on Coldbrook Rd toward Emerson Dr
4.5 mi.	406ft	Turn left onto Papermill Rd
4.58 mi.	1306ft	Head southwest on Papermill Rd

This segment shows 4.62 mi. (24,385 ft.) of your route.

Notes		
AT	FOR	NOTES
4.83 mi.	1460ft	Head west on Papermill Rd
5.1 mi.	1517ft	Head north on Papermill Rd
5.39 mi.	1772ft	Head west on Papermill Rd
5.73 mi.	1801ft	Head northwest on Papermill Rd toward Emerson Mill Rd
6.07 mi.	1585ft	Turn right onto Emerson Mill Rd
6.37 mi.	1112ft	Continue onto Old Emerson Mill Rd N
6.58 mi.	1112ft	Head southwest on Old Emerson Mill Rd N toward Emerson Mill Rd
		Water
6.79 mi.	1585ft	Continue onto Emerson Mill Rd
7.09 mi.	1801ft	Turn left onto Papermill Rd
7.43 mi.	1772ft	Head southeast on Papermill Rd
7.77 mi.	1517ft	Head east on Papermill Rd toward Coldbrook Rd
8.05 mi.	1460ft	Head south on Papermill Rd toward Coldbrook Rd

This segment shows 3.5 mi. (18,482 ft.) of your route.

Notes		
AT	FOR	NOTES
		Water
		Water
8.33 mi.	1306ft	Head east on Papermill Rd toward Coldbrook Rd
8.58 mi.	406ft	Head northeast on Papermill Rd toward Coldbrook Rd
8.65 mi.	2502ft	Turn right onto Coldbrook Rd
9.13 mi.	628ft	Head southeast on Coldbrook Rd toward U.S. 202 W
9.25 mi.	4647ft	Turn left onto U.S. 202 W
10.13 mi.	1987ft	Head northeast on U.S. 202 E
10.5 mi.	1905ft	Head northeast on U.S. 202 E
		Water
10.86 mi.	2420ft	Head northeast on U.S. 202 E
11.32 mi.	3381ft	Head northeast on U.S. 202 E toward Mecaw Rd
11.96 mi.	210ft	Turn left onto Mecaw Rd
12 mi.	1867ft	Head northwest on Mecaw Rd toward Nadine's Way
12.36 mi.		Turn left onto Perry Rd

This segment shows 5.1 mi. (28,949 ft.) of your route.



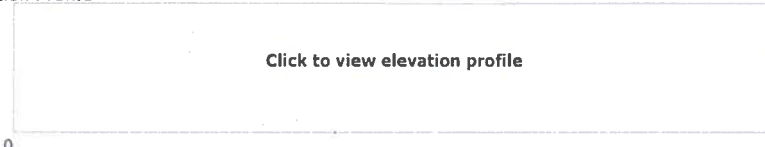
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MAINEiacs Charities 5K

Distance: 3.11 miles / 5.00 km
Location: Start: Gold's Gym
 Bangor, ME, US
Attributes: out & back, mostly flat, roads



Elevation Profile



Total climb: 0 feet / 0 m
Total elevation change: 0 feet / 0 m

Added by Robert Marquis on 5/23/2013

DISCLAIMER: USATF and the author of this route make no warranties as to the conditions, safety, distance accuracy, or suitability for running of this route. Run at your own risk!



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